



The Proof of the Pudding.....

Games for Health Conference 2026

Remco Hoogendijk
Sint Maartenskliniek



CLUEDO



INCLUEDO



A professional portrait of a woman with long, wavy brown hair, wearing a dark blue blazer over a light blue turtleneck. She is smiling slightly and looking towards the camera. The background is a plain, light blue color.

Eva Maršálková

Producer & Strategy Consultant

DEEP

A portrait of a middle-aged man with thinning hair, wearing round glasses, a light blue collared shirt, and a dark grey V-neck sweater. He is smiling slightly and looking directly at the camera against a plain, light-colored background.

Christopher

Patient with Chronic Neck Pain

A portrait of a young man with short, wavy brown hair and a light beard, smiling warmly. He is wearing a light blue button-down shirt. The background is a soft, light blue gradient. A teal banner is overlaid at the bottom left, containing his name and title.

Syl Slatman
Teacher-Researcher

HAN University of Applied Sciences



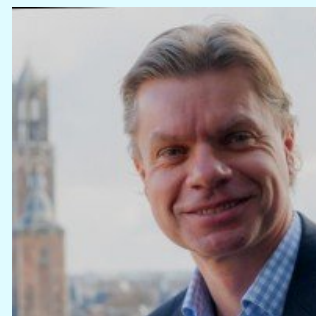
Heleen van der Wielen
Rehabilitation Physican

Sint Maartenskliniek

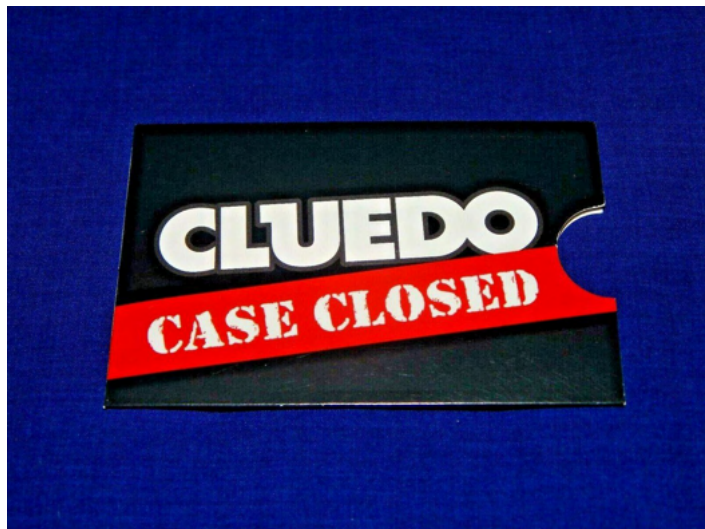




En vele, vele anderen
Medewerkers en oud medewerkers Sint Maartenskliniek











MANSION							
WHO?							
Green							
Mustard							
Peacock							
Plum							
Scarlet							
Orchid							
WHAT?							
Candlestick							
Dagger							
Revolver							
Lead Pipe							
Rope							
Wrench							
WHERE?							
Conservatory							
Ballroom							
Kitchen							
Dining Room							
Lounge							
Hall							
Study							
Library							
Billiard Room							



Formulary for Games & Digital Therapeutics

Formularium inhalatiemedicatie COPD

In-Check-DIAL G16

	Droog Poeder Inhalator (DPI)		Ademgestuurde aerosol	Aerosolen met voorzetkamer
	 MEDIUM 50-60L/min	 MEDIUM LOW 30-60L/min	 PMDI 20-60 L/min	 PMDI 20-60 L/min
SABA	 Salbutamol Novolizer	 Ventolin Diskus Salbutamol	 Salbutamol Redihaler	 Salbutamol Aerosol
SAMA				 Ipratropium Aerosol  Berodual Aerosol (SABA/SAMA)
LABA	 Formoterol Novolizer		 Striverdi Respimat (1 maal daags)  Olodaterol	 Formoterol Aerosol
LAMA	 Eklira Genuair Acclidinium	 Incruse Ellipta (1 maal daags) Umeclidinium	 Spiriva Respimat (1 maal daags) Tiotropium	
LAMA/ LABA	 Duaklir Genuair Acclidinium/Formoterol	 Anoro Ellipta (1 maal daags) Umeclidinium/Vilanterol	 Spiolto Respimat (1 maal daags) Tiotropium/Olodaterol	
ICS/ LABA		 Relvar Ellipta (1 maal daags) Fluticasonfuroaat/Vilanterol		 Flutiform Aerosol Fluticason/Formoterol  Foster Aerosol Beclometason/Formoterol
ICS**	 Budesonide Novolizer		 Beclometason Redihaler	
ICS/LABA /LAMA**		 Trelegy Ellipta Fluticasonfuroaat/Vilanterol/ Umeclidinium (1 maal daags)		 Trimbow Aerosol Beclometason/formoterol/ Glycopyrronium

ICS alleen na overleg longarts of kaderarts



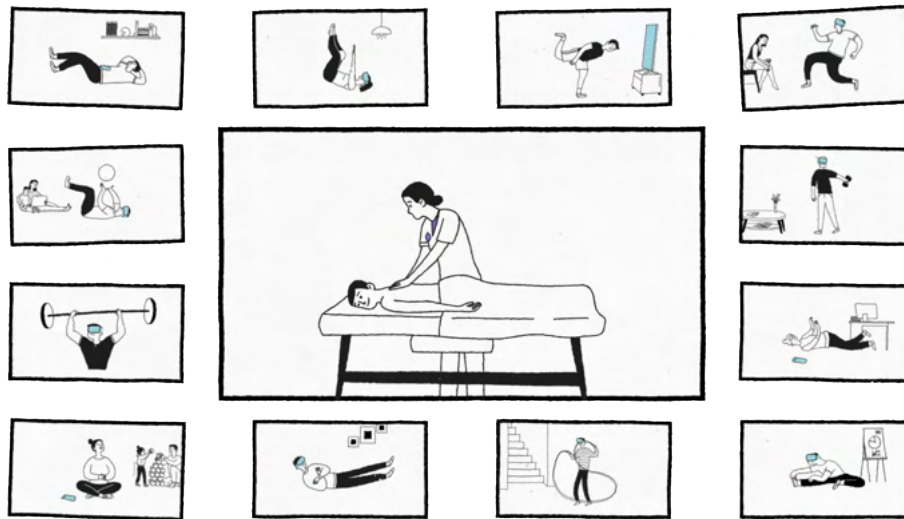


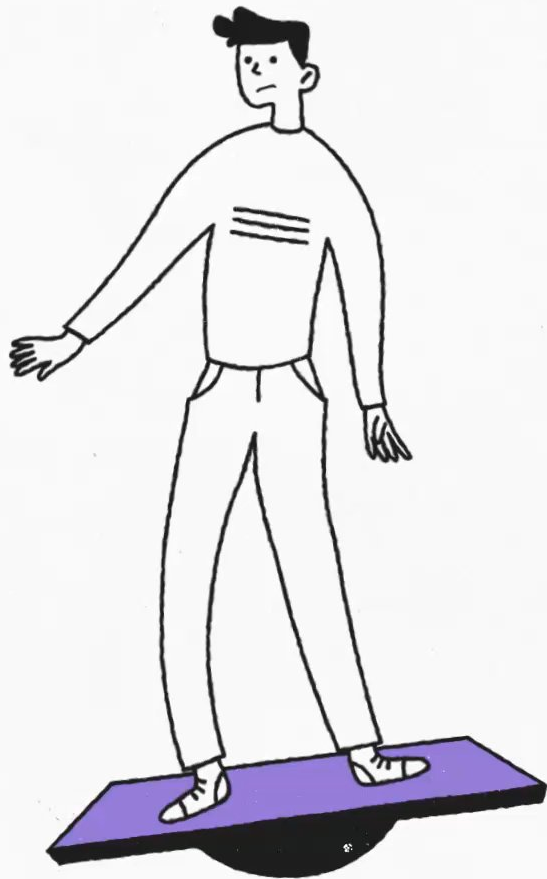




uptimise

your
virtual
clinic





What is Uptimise?

Uptimise is a digital therapeutics / games platform that connects technology, care, and human recovery.

Uptimise is an intuitive digital rehabilitation platform developed within the Interreg North-West Europe project Scale-Up4Rehab.

It helps healthcare professionals, developers, and patients to discover, use, and continuously improve evidence-based digital rehabilitation solutions.

Who is Uptimise for?

- **For healthcare professionals** – find, evaluate, and implement trusted digital rehabilitation tools.
- **For developers** – increase the visibility of validated health apps and reach care providers across Europe.
- **For patients** – experience accessible, engaging, and effective rehabilitation, at home or in a clinical setting
- **For the support environment around the patient** – to help the patient make the right choices
- **For Healthcare insurers** – to regulate the efficient use of digital therapeutics



**OPTIMISE
YOUR PRACTICE!**
SCAN THE QR CODE



Coming Soon



Interreg



Co-funded by
the European Union

North-West Europe





One More thing.....

WORLD CONFERENCE ON VIRTUAL REHABILITATION 2026

SAVE THE DATE

PRESENTED BY

XR4REHAB & ISVR

25-26 JUNE 2026

CORK, IRELAND



XR 4 REHAB
SHARE FOR FUTURE CARE



ISVR
INTERNATIONAL SOCIETY FOR
VIRTUAL REHABILITATION



**Fáilte
Ireland**

BUSINESS, PRACTICE AND RESEARCH - BETTER TOGETHER.

Thank you

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www.xr4rehab.org

www.uptimise.org



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